



Healthy Food Ingredients

Fast Growing and Underpenetrated
Global Markets

Our Success Stories





World's first Low GI Paratha & Chapatti!





Low GI croissant with
GI value of 45





World's First Low GI White Bread in United States

- Retail sales in New York
- Looking for other partners in the United States



Won US Taste Master's Award in 2019



- ✓ Sold via Amazon
- ✓ Sold via Wegmans



Awards – American Master Taste Award For Spaghetti

amazon Best Seller

SUCCESS
STORIES 5



- ✓ Made in Canada by Wings
- ✓ Sold in China
- ✓ Sold in Amazon
- ✓ Rated "Amazon's Choice"



Developing World's First Low GI Gluten Free Waffles



tehki®

SUCCESS
STORIES

7

Nutritious noodles made from
natural and organic ingredients.





Singapore's No.1 fresh noodle manufacturer.

- Leong Guan



In Development:

– Instant Noodles

A leading Malaysian-based company with exports to approximately 100 countries



Introducing

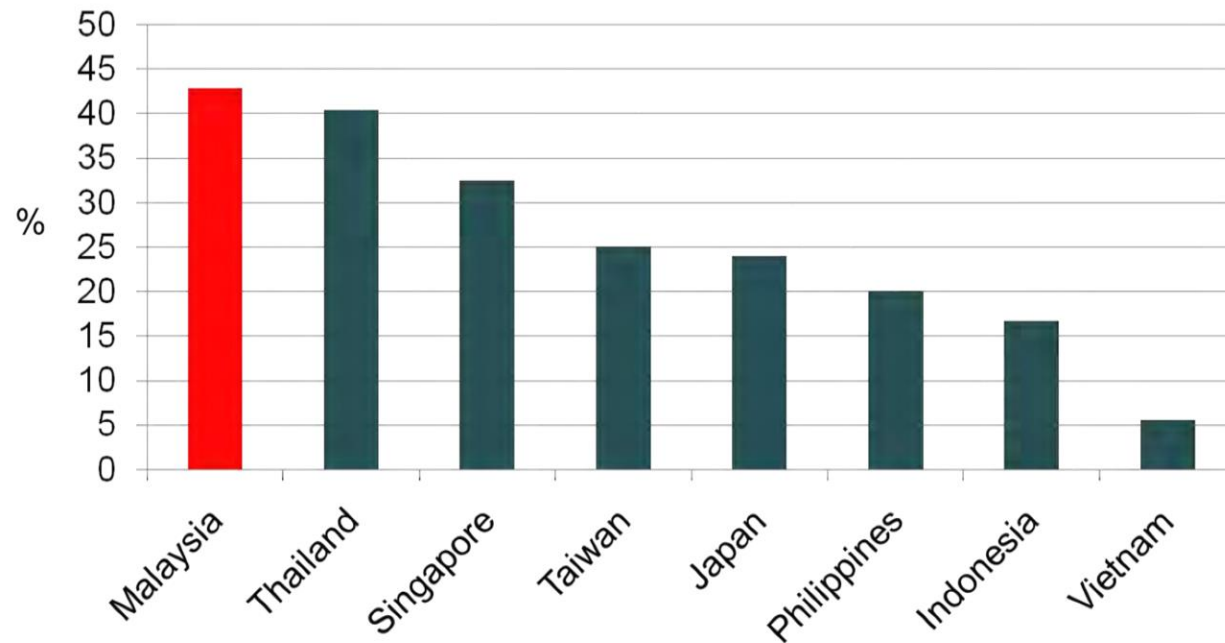
An Innovation Transforming Carbohydrates Food To Low Glycemic Index Food



GiLITE™

Health Issues – Non-Communicable Disease (NCD)

Adult prevalence in some Asian Countries
(overweight + obesity)

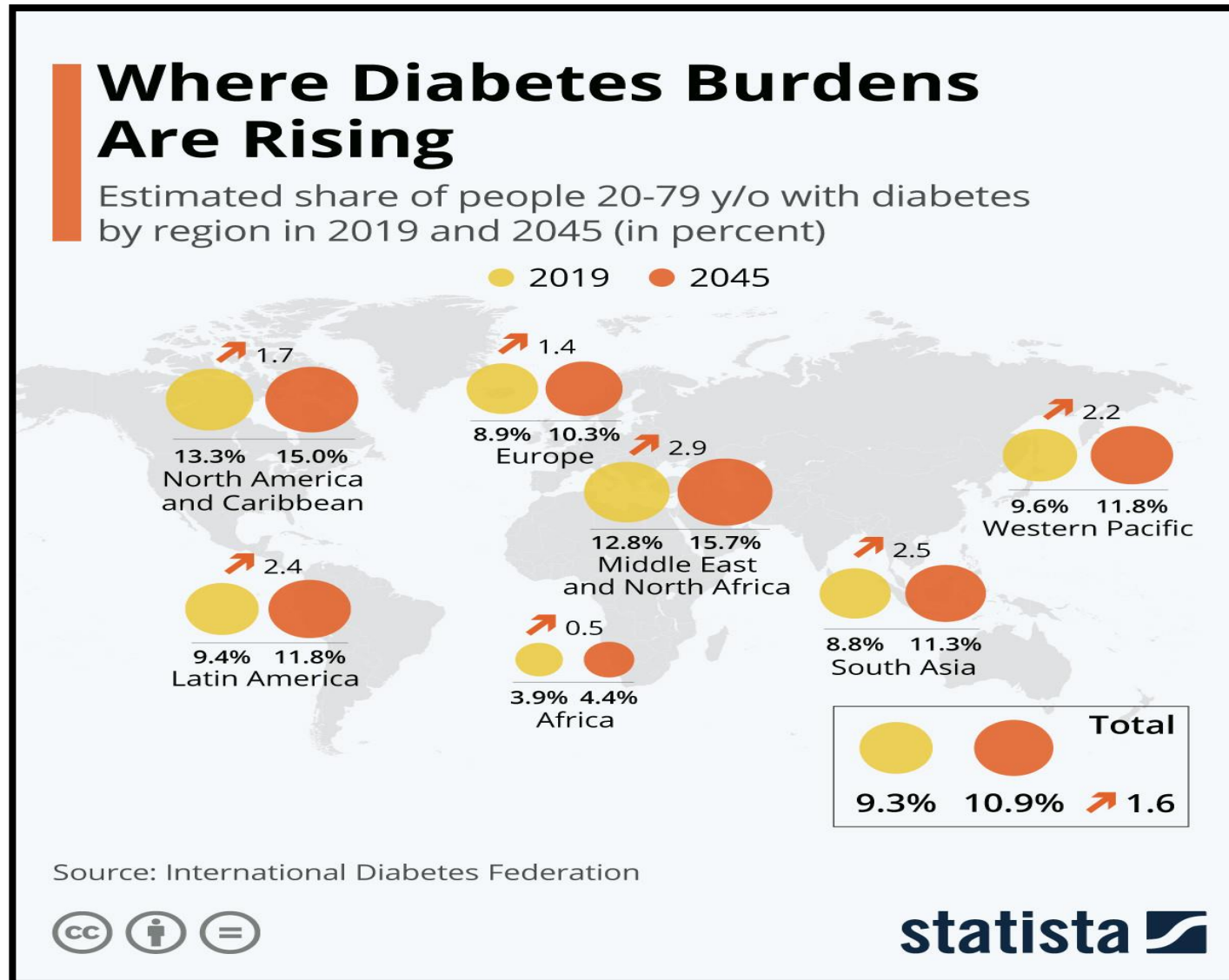


WHO collaborating centre for obesity prevention- Deakin Uni. Australia

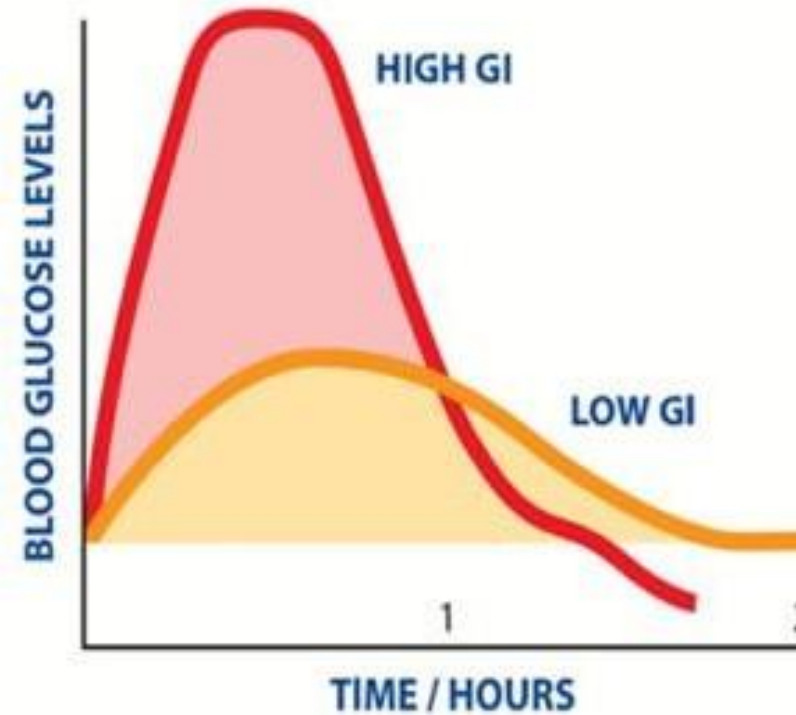
- Weight gain leading to obesity
- Diabetes
- High Cholesterol
- Heart Diseases



Diabetes Is A Global Pandemic Issue



What is low GI?



- The Glycemic Index (GI) is a tool that measures how carbohydrates affect blood glucose levels based on a scale of 0-100.
- Foods with high GI readings cause blood sugar levels to spike. Low GI foods release sugars more slowly and are more beneficial to the body as it helps to manage weight, diabetes, and other health issues.



High GI
(70 and above)



Medium GI
(55 to 69)

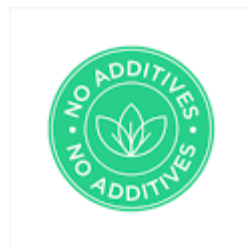


Low GI
(54 or less)

Low GI Index Reading

The Ingredients Of GI LiTE™

- Asian food sources
- No additives
- No chemicals
- No GMO



Dhall / Lentils

Legumes along with other types of beans, are a very good source of cholesterol-lowering fiber. Amylase inhibitors in lentils, prevent the action of enzymes that break the glycosidic bonds of starches and other complex carbohydrates, preventing the release of simple sugars and absorption by the body



Fenugreek

Excellent source of galactomannan fiber and mucilaginous fiber that lower glucose absorption in the body.



Guar Gum

Contains soluble fiber, which can slow the absorption of sugar and lead to a reduction in blood sugar levels.

Fiber binds to bile acids, causing them to be excreted and reducing the number of bile acids in circulation. This forces the liver to use cholesterol to produce more bile acids, leading to a decrease in cholesterol levels.



Okra / Ladies Fingers

A diet rich in fruits and vegetables can reduce the risk of a range of health conditions, including obesity, diabetes, and cardiovascular disease. The mucilage of okra is also said to bind cholesterol and bile acid.



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graph LR; A["Gi Lite™  
Proposed Products"] --- B["Healthier choice low GI flour  
premix"]; A --- C["Low GI breads, frozen breads"]; A --- D["Healthier choice instant noodles,  
noodles & pasta"]
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Gi Lite™

Proposed Products

**Healthier choice low GI flour
premix**

Low GI breads, frozen breads

**Healthier choice instant noodles,
noodles & pasta**

Healthier Choice Low GI Flour Premix



Low GI breads, frozen breads



Healthier Choice Instant Noodles



Low GI Testing Partners



THE UNIVERSITY OF
SYDNEY



UNIVERSITI
KEBANGSAAN
MALAYSIA

National University of Malaysia



 **Temasek**
POLYTECHNIC



UNIVERSITY OF
OXFORD



THE UNIVERSITY OF
**WESTERN
AUSTRALIA**



HOLISTA COLLTECH



Biotech company
with unique
expertise in
low glycemic index
technology



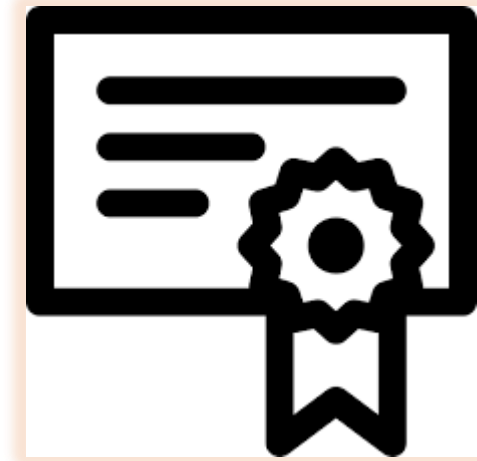
Listed at Australian
Securities Exchange



Have a whole range
in low GI products

About Holista Biotech Sdn Bhd

- Leader in herbal and nutritional research
- Owner of global patents
- BioNexus Status Company
- BioNexus Pioneer Company
- Recipient of BioNexus RM 2.5 mil grants





Contribution of Holista

- Help to draft a blueprint for Malaysian herbal industry in 2007
- Member of the Malaysian Industry-Government Group for High Technology (**MIGHT**) **2003 -2008** (An independent non-profit technology think tank under the purview of the Prime Minister's Department).
- Leader of herbal cluster **MIGHT** interest group (**MIG**) 2005 – 2010.
- Member of Malaysian standing standing committee for herbal and complimentary medicine
- Founding member of Malaysian Dietary Supplement Association (**MADSA**)
- Secretariat Malaysian Wellness Society (**MWS**)

Partners & Collaborators





Thank You